



RISE & SHINE BREAKFAST MENU

Monday-Sunday 9:15am-11:30am

FULL ENGLISH

All served with either white, granary, sourdough, or gluten-free toast (GF)

Traditional £8.95

Cumberland sausage, two smoked bacon rashers, roasted field mushroom & tomato, hash brown, fried eggs, baked beans

Vegan £8.50 (Ve)

Vegan sausages, sautéed spinach, roasted field mushroom & tomato, two hash browns, baked beans

Eggs Benedict (Bacon) £7.95 | Eggs Florentine (Spinach) £7.95 (v) | Eggs Royal (Smoked Salmon) £8.95

All served with two poached eggs and hollandaise sauce on a toasted English muffin

EGGS YOUR WAY

Poached, Scrambled or Fried Eggs £6.50 (v)

With either white granary, sourdough or gluten-free toast (GF)

Add to your eggs:

Crushed avocado, chilli & lime £2.45 (v)

BREAKFAST SANDWICHES

With either white, granary, sourdough or gluten-free bread (GF)

Smoked Back Bacon £4.95

Cumberland Sausage £5.95

Vegan Sausage £5.95 (Ve)

BREAKFAST EXTRAS

TOAST & PRESERVES £2.50 (V)

A variety of preserves and two slices of white, granary, sourdough or gluten-free toast (GF)

£1

Smoked back bacon

Cumberland sausage

Vegan sausage (Ve)

Egg (v)

Hash browns (Ve)

£2

Wilted spinach (Ve)

Crushed avocado (Ve)

Smoked salmon

Field mushroom (Ve)

OVERNIGHT OATS £2.50

Coconut milk with toasted pecans (Ve)

OR

Red berry compote with toasted nut and seed granola (v)

GREEK YOGHURT £3

Tropical fruit purée and mango (v, GF)

OR

Red berry compote with mixed nut and seed granola (v)

V - Vegetarian Ve - Vegan GF - Gluten-free

Please inform us of any allergies or dietary requirements you may have upon ordering. Some dishes can be modified to be suitable for gluten free. We cannot guarantee the absence of nuts in any dish.